

ZIKA VIRUS

Mosquito Bite Prevention Guide

Provided by



Important Phone Numbers/Websites:

Florida Department of Health:
www.floridahealth.gov
(855) 622-6735

Centers for Disease Control:
www.CDC.gov
(800)CDC-INFO (232-2636)

Town of Palm Beach:
www.townofpalmbeach.com

www.statnews.com

Prevent Zika Use Mosquito Repellent

Repellents which are EPA-approved:

- DEET up to 30%
- Picaridin
- Oil of Lemon Eucalyptus (OLE)
- Para-Methane-Diol (PMD)
- IR 3535

Guidelines for applying mosquito repellents:

- Follow instructions on product.
- Apply sunscreen first and allow to dry before applying repellent.
- Do not use combination sunscreen and repellent products. Sunscreen needs to be applied more often than repellent.
- Apply on exposed skin only.
- Do not apply under clothing.
- Do not apply over open cuts, wounds, or irritated skin.
- Use just enough on exposed skin and clothing.
- Do not spray in enclosed areas or near open flame.
- To apply to face:
Rub on palms and then apply, avoiding eye area and mouth.
- Wash treated skin with soap and water.
- Wash treated clothing before wearing again.



Special considerations for infants, toddlers, and children:

- Repellents are not safe for babies under two (2) months.
- Mosquito netting is available for strollers, cribs, and portable cribs but should be used with caution and only when an adult is present. The netting should have an elastic border and provide a snug fit over the equipment.
- Oil of Lemon Eucalyptus (OLE) and Para-Methane-Diol (PMD) are not safe for children under three (3) years.
- NEVER let a child apply repellent; rub repellent in your hands and apply to child.
- Do not apply to hands, eye area, or mouth area of young children.
- Follow the product information and the “Guidelines” at left.

Permethrin Spray is an insect repellent which may ONLY be used on clothing; it is NEVER applied to the skin.

Some people have reactions to DEET.

Discontinue use, wash treated skin - call physician, ER, or poison control center: **(800) 222-1222**

Pregnant women should check with their obstetrician regarding the use of insect repellents. The CDC considers the following to be safe for pregnant women and nursing moms:

- DEET up to 30%
- Picaridin up to 20%
- IR 3535 up to 20%